



Leamington & Warwick Gymnastics Club (LWGC) is fully committed to safeguarding and promoting the wellbeing of all our members. It is essential that all Gymnasts, Parents/Guardians (ref Members), Coaches, Officials and Volunteers (Staff) show respect and understanding for the rules, ensuring everyone's safety and wellbeing. LWGC encourages open communication from all.

Code of Conduct for Gymnasts

As a Gymnast training at LWGC we ask that you commit to this code of conduct

- All gymnasts must participate within the rules and respect coaches and judges and the decisions they make. Rules will be explained to all gymnasts upon first training session and after any holiday breaks.
- Gymnasts must respect coaches. Negative attitudes and poor behaviour are not inline with our club values. If there are any concerns regarding coaches, gymnasts are encouraged to communicate this via the head coach or welfare officer or their own parent/guardian who will follow the correct channels. See Parent/Guardian Code of Conduct.
- All gymnasts will respect other gymnasts/team mates/other clubs gymnasts/coaches and officials.
- Gymnasts will always conduct themselves in a well behaved and respectful manner, remembering they are representing themselves and their club, particularly when competing at other venues.
- Gymnasts will always display an outstanding level of good sportsmanship.
- Gymnasts must come to training dressed appropriately to training and competitions
 - In Leotard/Unitards
 - Club T shirts and shorts/leggings
 - Long hair tied back.
 - Nails trimmed
 - All jewellery removed. PARENTS are responsible for covering child's piercings with micropore tape.
- Gymnasts must bring a drink with them to training
- Gymnasts must not use bad language
- Coaches should be able to coach safely and give equal attention to all gymnasts. If a coach is concerned about poor behaviour it will be discussed with the Parent/guardian. If poor behaviour is ongoing despite best efforts then the gymnast may be placed on a behaviour report to encourage and support positive behaviour.
- Any bullying or unkind behaviour will not be tolerated and will be discussed with the Parent/Guardian. Ongoing poor behaviour may result in you being asked to leave the club
- Gymnasts must not chew gum during training sessions
- Gymnasts must not eat during training sessions unless otherwise agreed. Food must not be consumed inside the gym
- Gymnast must not use their mobile phones inside the gym unless without permission of the Head Coach or Lead Coach
- Gymnasts must not use their mobile phones for photography or videos or any other recording equipment inside the gym without permission of the Head Coach or Lead Coach
- Gymnasts must treat all equipment with respect.
- Gymnasts must inform their coach of any injuries prior to the training session.
- Gymnasts should remain with the coach/lead coach at the end of the session until collected by a Parent/Guardian.

It is the hope that all Gymnasts will thoroughly enjoy their time at LWGC learning not only a huge range of exciting Gymnastics skills but also a wide range of life skills.

‘Having Fun, Building Confidence, Celebrating Success’