



# LWGC GYMNASTICS QUIZ!

1

Which Birmingham born Gymnast was the 2017 British Championships all round champion?

2

Which UK Gymnast opened their very own gym in Rotherham in 2019, only for it to be flooded 7 weeks later in November?

3

Which female Gymnast made history at the 2014 Commonwealth Games for team England winning 4 gold medals?

4

Which large brand supports and sponsors Ellie & Becky Downie?

5

Which Olympic gold medalist received an MBE from the Queen in February 2017?

6

What is so special about Johanna Quass?

7

Which female Gymnast holds the record for the most medals won at the Gymnastics Championships?

8

Aoi Yatsunami holds the world record for the most backwards walkovers in 3 minutes. How many did she achieve? a. 25 b. 58 c. 72

9

True or False: The term 'Gymnastics' is derived from a Greek word meaning 'to exercise naked'

10

In what year did Women's gymnastics arrive at the Olympics?

BONUS

Which of our wonderful LWGC coaches was Welsh Intermediate Challenge Cup Champion twice in a row?