



Leamington & Warwick Gymnastics Club (LWGC) is fully committed to safeguarding and promoting the wellbeing of all our members. It is essential that all Gymnasts, Parents/Guardians (ref Members), Coaches, Officials and Volunteers (Staff) show respect and understanding for the rules, ensuring everyone's safety and wellbeing. LWGC encourages open communication from all. Members and staff are encouraged to share feedback, concerns, or complaints through using the correct channels as appropriate. All club correspondence must come through the appropriate channels and not via coaches personal social media accounts or private mobile phones.

Information and communication: [admin@thegymnasticsclub.co.uk](mailto:admin@thegymnasticsclub.co.uk) or [info@thegymnasticsclub.co.uk](mailto:info@thegymnasticsclub.co.uk)

Head Coach: [abby@thegymnasticsclub.co.uk](mailto:abby@thegymnasticsclub.co.uk)

Welfare Officer: [tom@thegymnasticsclub.co.uk](mailto:tom@thegymnasticsclub.co.uk)

### **Code of Conduct for Parents**

Parents and Guardians are an integral part of the safe and smooth running of LWGC. As a parent/guardian of a gymnast training with us, we ask that you commit to this code of conduct and help us promote a happy and safe place for our Gymnasts.

## **'Having Fun, Building Confidence, Celebrating Success'**

- Encourage your child to abide by the rules and the Gymnast Code of Conduct
- Ensure your child is fully insured through British Gymnastics
- Pay training fees on time, if fees fall into arrears LWGC have the right to suspend training until fees are paid in full.
- Fees at LWGC are taken for 39 weeks of the academic year and divided into 12 monthly payments. Therefore, a final payment in August is due to complete the Academic Year. If this payment is missed LWGC have the right to offer your child's place to someone on the waiting list.
- Children are the responsibility of the parent/guardian until handed over to the coach for their training session. Please do not leave your child unsupervised prior to the start of the session.
- Do not drop off your child outside of the entrance doors. Please pull into a dedicated car parking space before walking into the building with them.
- Parents/Guardians must be in the Foyer ready to collect children on time at the end of the training session.
- It is the responsibility of the Parent/Guardian to keep all details up to date with LWGC.
- Parents/Guardians must wait in the dedicated waiting areas if staying onsite during their child's training session. Parents/Guardians are welcome to drop their child off and leave the site as per the above rules.
- Parents/Guardians are not permitted into the gym unless specifically requested to by a member of Staff.
- Coaches should be able to coach safely and give equal attention to all gymnasts. If a coach is concerned about poor behaviour it will be discussed with the Parent/guardian. If poor behaviour is ongoing despite best efforts then the gymnast may be placed on a behaviour report to encourage and support positive behaviour.
- If a child needs more support in order to participate as part of a group, a Parent/Guardian must inform LWGC through the appropriate channels upon joining the club or as soon as it is identified

that support is needed. Subject to availability, LWGC will arrange to allocate an Inclusive Coach to work alongside the child, aiming to keep the child included within their team by supporting both the child and the coach in the delivery of the session.

- Photography and Filming of your child's class is prohibited due to Child Protection Policies set out by British Gymnastics. If you wish to take any photos or videos of your child, this must be discussed and pre-arranged with the Coach in charge.
- Gymnasts must arrive on time to start their session and dressed appropriately:
  - In Leotard/Unitards
  - Club T shirts and shorts/leggings
  - Long hair tied back.
  - Keep nails trimmed
  - All jewellery removed. PARENTS are responsible for covering child's piercings with micropore tape.
- Ensure your child has a drink with them for training.
- Parents are asked to refrain from speaking to their child during their training session and must not interfere with any coaching. This is not only distracting for both Gymnast and Coach but can be dangerous and confusing for the child.
- Please refrain from standing in front of the windows on the waiting area for any length of time, this obstructs the view for others and can be very distracting for the gymnasts. Be courteous to other members, check in on your gymnast and move away.
- Set a good example by applauding good Sportsmanship and celebrating effort at all abilities.
- Never force your child to take part.
- Help your child to recognise good performance and effort, not just results.
- Attendance is extremely important – please inform the club if your child will be absent from training.
- Keep the club informed if your child is unwell and do not bring your child to training if they have been unwell – if your child has diarrhoea, vomiting or conjunctivitis please keep them off training for 48 hours. If your child has Chicken pox, please keep them off until their spots have scabbed over and they are back in school. Please keep your child off if they have head lice until they have been treated.
- Keep the club informed of any changes in circumstances that may affect your child's training.
- Support your child's involvement and help them to enjoy the sport.
- Behave respectfully towards other members and members of staff, always use appropriate language and be a role model.
- Please avoid any behaviour or gossip that could be perceived as slander or bringing the club and its coaches into disrepute.
- Any Offensive, threatening, or intimidating behaviour will not be tolerated and could result in you being asked to leave the club.
- Please respect the coach's working hours. Please contact the club through the appropriate channels and arrange a face-to-face meeting with the Coach/head coach if a longer conversation is needed as before/after training can be a busy time. Shorter messages are welcome before or after training sessions.
- All club correspondence must come through the appropriate channels and not via coach's personal social media accounts or private mobile phones.
- Members should accept the coach's decisions on Gymnasts training.

- Respect the coach's knowledge of the sport and any decisions that are made regarding your child's progress.
- Report any incidents of bullying to the Head Coach or Welfare Officer as soon as it occurs.
- Any concerns regarding members of staff should be reported through the appropriate channels
- Please leave the waiting areas/foyer and toilets clean and tidy

## **PROGRAM SPECIFIC INFORMATION**

### **GYM STARS**

As per the above code of conduct and including:

- Parents/Guardians must stay onsite during Gym Stars sessions.
- All Gym Stars gymnasts will start their training in line with our Gym Stars Scheme of work. A skills sheet will be handed to them at the start of each new term to keep in their PROGRESS DIARIES which must be brought to each training session.
- Gym stars will also be handed a 'Theme Card' where they will have the picture representing that week's theme stamped off by a coach.
- On the last week of each term LWGC host 'CELEBRATION WEEK for all programs where all Gymnasts will be awarded the appropriate certificates and medals for their level. End of term Recognition trophies will be presented to those who have displayed outstanding attributes in line with the Club values.

### **RECREATIONAL GYMNASTS**

As per the above code of conduct and including:

- All Recreational gymnasts will start their training in line with our Recreational Gymnastics Scheme of work. A skills sheet will be handed to them at the start of each new term to keep in their PROGRESS DIARIES which must be brought to each training session.
- Recreational Gymnasts have the opportunity to work their way through skills spanning all pieces of apparatus within the gym and will be graded as Pass (developing), Merit (Achieved) and Distinction (Mastered) as appropriate with the aim of progressing them from Pass to Distinction throughout the term.
- Recreational gymnasts may be moved onto the LWGC ADVANCED scheme of work for all or some areas of training to further progress gymnasts.
- On the last week of each term LWGC host 'CELEBRATION WEEK for all programs where all Gymnasts will be awarded the appropriate certificates and medals for their level and given their final grade for the term. End of term Recognition trophies will also be presented to those who have displayed outstanding attributes in line with the Club values.
- LWGC Host an annual Club Competition for all Recreational Gymnasts to take part in. Gymnasts will compete on Floor and Vault against other members of their team. Medals are presented to all participants and Bronze/Silver and Gold overall medals are presented to 3<sup>rd</sup>/2<sup>nd</sup> and 1<sup>st</sup> overall placings.

### **SQUAD GYMNASTS**

As per the above code of conduct and including:

- Squad places are competitive and are not guaranteed. Squad members must maintain a high standard of gymnastics, commitment, and positive attitude. The club may move gymnasts to different groups to best suit the child's level.
- Squad members and their parents/guardians must accept the coach's decisions regarding training. If there are concerns, please do not hesitate to get in touch via the appropriate channels outlined above.
- Parents/Guardians must respect the coach's knowledge of the sport and any decisions that are made regarding your child's progress, what skills they are being taught and when, how many hours per week gymnasts should be training considering the child's age, ability level and competitions that are appropriate/available to them.
- Attendance is vital to maintain the level of gymnastics required.
- Gymnasts must be available to compete.
- Parents/Guardians must publicly accept officials judgements
- Squad testing will take place on varying levels regularly.
- LWGC Host an annual Squad Club Championships for all Squad Gymnasts to take part in. Gymnasts will compete on 4 pieces against other members of their team. Medals are presented to all participants and Bronze/Silver and Gold overall medals are presented to 3<sup>rd</sup>/2<sup>nd</sup> and 1<sup>st</sup> overall placings.
- On the last week of each term LWGC hosts 'CELEBRATION WEEK' for all programs where all Gymnasts will be awarded the appropriate certificates and medals for their level and given their final grade for the term unless Squad gymnasts have been working towards competitions. End of term Recognition trophies will be presented to those who have displayed outstanding attributes in line with the Club values.